

Menus for March 2024



**Park Forest
Middle School**
**Mt Nittany
Middle School**

Lunch - \$3.00 Breakfast - Free!
Entree - 2.25 Side - \$.85/\$1.25 Milk - \$.70

Breakfast

available in the school lobby at the start of the day

Choose 1 Entree

Coffee Cake (M) Mini Cinnis (M/F) Bagels (T/Th)
Pumpkin & Banana Bread (T/Th) Cinnamon Rolls (W) Muffins (W/F)
Whole Grain Poptarts Assorted Cereal

Choose 1 Fruit & 1 Juice

Apples Bananas Craisins 100% Juice

Choose 1 Milk

Low Fat White or Fat Free Chocolate

You may decline items that you do not want but must take 3 items total, one of which must be a fruit or juice.

Grab & Go

Available on All Lines

PB&J Sandwich (Daily)

Yogurt Parfait (Daily)

Hummus & Pita Chips (Mon-Tues)

Caesar Salad & Roll (Tuesday)

Deli Turkey Sub & Fritos (Thursday)

Lunch Box

(vegetable side) <dessert>

Fri, 3/1 - Sloppy Joe & Fritos

March 4 - 8 SPRING BREAK!

Mon, 3/11 - Popcorn Chicken & Biscuit (Steamed Veg)

Tue, 3/12 - Bacon Cheeseburger (French Fries)

Wed, 3/13 - Chicken Alfredo & Garlic Breadstick

Thu, 3/14 - Broccoli Soup or Chili & Baguette (Baked Potato)

Fri, 3/15 - Walking Taco (Mexican Street Corn) <Cookie>

Mon, 3/18 - General Tso's Chicken & Rice (Roasted Broccoli)

Tue, 3/19 - Chicken & Waffles (Hash Browns)

Wed, 3/20 - Baked Spaghetti & Garlic Breadstick

Thu, 3/21 - Chicken Quesadilla (Baked Potato)
(Warm Cinnamon Apples) <Ice Cream Cup>

Fri, 3/22 - Meat Lovers Stromboli (Steamed Veg)

Mon, 3/25 - Pepperjack Ciabatta & Tomato Soup <Goldfish>

Tue, 3/26 - Shaved Roast Beef Sandwich (French Fries)

Wed, 3/27 - Mac & Cheese Bowl - w/ Pulled Pork (Steamed
Vegetable) <Sorbet>

Thu, 3/28 - No School Today

Fri, 3/29 - Enjoy the long weekend!



Payments to students' cafeteria accounts can be made online at www.myschoolbucks.com or mailed to SCASD FSD, 653 Westerly Parkway, State College 16801. Students may also present cash or a check to any cashier for deposit. Change will not be given. Students are expected to have funds for all purchases and will not be permitted to have extra food items without available funds.

Choose an entree. Complete your meal with 2 vegetable sides, a serving of fruit, and milk.

Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

Fruit & Veggie Side Dishes

Crunchy Carrots & Assorted Fresh Veggies (Daily)

Hummus (Monday) Tossed Salad (Tues-Fri)

Whole Fruits Canned & Frozen Fruit Juice (M & F)

Pizza & Pasta

Monday - Big Daddy's Pizza



Tuesday - French Bread Pizza

Wednesday - Italian Dunkers



Thursday - Big Daddy's Pizza

Friday - Pasta & Meatballs w/
Breadstick



Grill



Available Daily

Hamburger Cheeseburger Chicken Sandwich

Monday - Impossible Burger

Tuesday - Cheese Pretzel

Wednesday - Hot Dog (beef & turkey)

Thursday - Cheese Pretzel

Friday - Hot Dog (beef & turkey)